



# Emmentaler AOP Réserve

## 15–18-month selection

### 'Tears of Joy' and 'Crystals'

During the ripening period in the mountain galleries, Emmentaler AOP releases whey that we endearingly call "tears of joy" starting around 15 months of age. These whey "tears" stay trapped inside the "eyes" of the cheese and may appear when the cheese is cut or consumed. Additionally, over time, amino acids like tyrosine and minerals such as calcium form small "crystals" in the cheese, enhancing its texture and flavor. The quantity and appearance of these "tears of joy" and "crystals" can vary with seasonality and dairy selection.

We encourage you to make your customers aware about Emmentaler AOP's "tears of joy" and "crystals."

For fresh cut and packing, it's recommended to let the cheese sit on cheese paper or paper towels for a few minutes on each side to allow it to dry before wrapping for sale.

For additional information or questions about our Emmentaler AOP, affinage or other cheeses- we welcome you to write us at [info@gourmino.ch](mailto:info@gourmino.ch)

